

# One Fish, Two Fish

## Freemotion Embroidery

6 hr workshop

Skill Level: *Confident Beginner to Intermediate*

Machine Quilter

Kit fee - \$3



### SUPPLY LIST

- Sewing machine with ability to drop the feed dogs
- Freemotion/Darning foot. If purchasing a new foot consider buying an open toe or "C" shaped presser foot, being able to see the needle while stitching is a huge advantage!
- Extension table to fit your machine (if you have one)
- Cushion or pillow to sit on, it helps to be sitting a bit higher
  
- A wide assortment of threads - I used a 12 wt cotton for outlining the fish and plants. For fillers and background stitching I used variegated rayon, gold metallic, variegated Polyneon and metallic, solid coloured rayons and matching cotton or polyester thread for the bobbin.
- Sewing machine needles - 80/12 Embroidery, Topstitching and Metafil (if using metallic threads)
- Extra bobbins
- 25 - one inch (1") regular safety pins
- 1 blue washable marker, regular tip
- Regular masking tape, 1/2", 3/4", 1" or whatever you have
- Batting for quilt layer - 21" x 21" piece of low loft bonded cotton bat

### For practice quilt sandwiches

8 - 8½" x 11" pieces of scrap muslin or other plain, solid fabric for backings ( 2 printed tops will be supplied in kit)

6 - 8½" x 11" pieces of low loft batting

Fabric for Quilt: 3/4" yard of 42" wide cotton fabric  
(Pick a fabric that is transparent enough that you will be able to trace the fish patterns and designs.)

Cut: 1 - 20" x 20" square for top and  
1 - 22" x 22" square for backing

